

SECTION 11 AMERICAN CHRISTIAN KARATE ASSOCIATION
TESTING CRITERIA

ORANGE BELT

DATE RECEIVED _____

____ DESCRIBE MEANING OF THE ACKA PATCHES

____ COLOSSIANS 3:23

VERSES - SALVATION

____ JOHN 3:16

____ I JOHN 1:9

____ ROMANS 6:23

____ ROMANS 3:23

____ EPHESIANS 2:8-9

____ ROMANS 8:28

____ JEREMIAH 29:11

KATAS

____ KIHON KATA ICHI

____ KIHON KATA NI

____ KIHON KATA SAN

____ KIHON KATA YODAN

2ND DEGREE ORANGE BELT

DATE RECEIVED _____

VERSES - OBEDIENCE

____ PSALM 111:10

____ PSALM 25:10

____ JOHN 10:27

____ LUKE 6:46

____ JOHN 14:15

SECTION 11 continued...

2ND DEGREE ORANGE BELT continued...

KATAS

____ PINON SHODAN

____ PINON SANDAN

PURPLE BELT

DATE RECEIVED _____

VERSES - WISDOM

____ PROVERBS 1:5

____ JOHN 8:32

____ PROVERBS 1:7

____ PROVERBS 2:6

____ PROVERBS 7:1

____ PROVERBS 3:5-6

KATAS

____ PINON NIDAN

____ PINON YODAN

GREEN BELT

DATE RECEIVED _____

VERSES - PATIENCE/FOOLS

____ II TIMOTHY 2:24

____ PSALM 14:1

____ PROVERBS 15:20

KATAS

____ PINON GODAN

____ KENSEI

SECTION 11 continued...

BLUE BELT

DATE RECEIVED _____

VERSES – BLESSINGS/ATTITUDES

_____ MATTHEW 5:3-12

KATAS

_____ ANNANKO

_____ NIJUSHIHO

_____ NAIHANSHI

BROWN BELT

DATE RECEIVED _____

VERSES – SALT AND LIGHT

_____ MATTHEW 5:13-16

KATAS

_____ BASSAI DAI

_____ ROHAI

_____ EMPI

BLACK BELT (SHODAN)

DATE RECEIVED _____

VERSES – HUMILITY

_____ MATTHEW 5:38-42

_____ MATTHEW 6:19-21

BLACK BELT (SHODAN) continued...

KATAS

- _____ SEIPAI
- _____ SEIYUNCHIN
- _____ SAIFA
- _____ KANKUSHO

- _____ MINIMUM SIX MONTHS OF TEACHING EXPERIENCE AS A BROWN BELT
 - _____ MINIMUM FOUR WEEKS OF CLOSING BIBLE DEVOTION
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TESTS WILL CONSIST OF THE LISTED CRITERIA FOR THE BELT YOU ARE TESTING FOR, AS WELL AS ALL PREVIOUS CRITERIA FOR BELTS ALREADY ACHIEVED.

AMOUNT OF KATAS TESTED, AT EACH LEVEL, IS AT THE DISCRETION OF THE INSTRUCTOR OR INSTRUCTORS GIVING THE TEST.

TESTING FOR BLUE BELT AND ABOVE MAY ALSO INCLUDE KUMITE.

TESTING WILL ALSO CONSIST OF THE BUN-KAI (BREAKDOWN) OF THE KATA. THIS WILL BE REQUIRED OF ALL KATAS AND MUST BE PERFORMED WITH A PARTNER.